

## PERSONAL DATA

Center for the Study of Health and Risk Behaviors

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## **POSITIONS**

2021 - Postdoctoral Scholar, University of Washington

## **EDUCATION AND TRAINING**

## **Education**

| 2019 - 2021 | NIAAA T32 Postdoctoral Research Fellowship - University of Washington      |
|-------------|--|
| 2012 - 2019 | Clinical Psychology PhD - SUNY University at Buffalo (APA accredited)      |
| 2018 - 2019 | Clinical Psychology Internship - University of Washington (APA accredited) |
| 2012 - 2015 | Psychology MA - SUNY University at Buffalo (APA accredited)                |
| 2003 - 2008 | Psychology BA, Sociology BA - University of Washington                     |

## **Certifications**

| Nov 2021 | User Centered Design Certified Practitioner - Nielsen Norman Group (#1052613)     |
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| Nov 2021 | User Research Methods - Interaction Design Foundation                             |
| Nov 2021 | Design Thinking - Interaction Design Foundation                                   |
| Nov 2021 | Journey Mapping - Interaction Design Foundation                                   |
| Nov 2021 | Mobile User Experience Design - Interaction Design Foundation                     |
| Nov 2021 | Usability Testing - Interaction Design Foundation                                 |
| Nov 2021 | Data Driven Designs: Quantitative Research for UX - Interaction Design Foundation |

## **RESEARCH FUNDING**

## Awarded

2021 - Principal Investigator - NIAAA K99 AA028777

Title: Technology-Based Intervention for Alcohol-Related Sexual Risk Behaviors in Young Women with

Sexual Victimization Histories *Total direct costs:* \$308,880

2021 - Principal Investigator - NIMH P30MH123248

Title: Making HIV Prevention More User Centered: A Formative Evaluation for At-Risk Adolescent Girls

with Sexual Victimization Histories

Total direct costs: \$30,000

2021 - Co-Investigator - American Psychological Association

Title: Development and Evaluation of a Personalized Normative Feedback Intervention for Young Adult

Vaccine Hesitancy

Total direct costs: \$250,000

## HONORS AND AWARDS

## **Dissertation Awards**

| 2018 | Dr. Judy Kurianski Scholarship - American Psychological Foundation |
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| 2018 | Frank W. Putnam Trauma Research Scholars Award - ISTSS             |
| 2018 | Bugelski Dissertation Award - SUNY University at Buffalo           |

2018 Mark Diamond Research Fund Dissertation Award - SUNY University at Buffalo

# **Other Awards**

| 2017 | PGSA Outstanding Research Award - SUNY University at Buffalo     |
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| 2016 | PGSA Travel Award - SUNY University at Buffalo                   |
| 2015 | PGSA Outstanding Research Award - SUNY University at Buffalo     |
| 2015 | GSEU Professional Development Award - SUNY University at Buffalo |
| 2015 | Student Merit Award - Research Society on Alcoholism             |
| 2014 | Student Merit Award - Research Society on Alcoholism             |
| 2013 | PGSA Travel Award - SUNY University at Buffalo                   |

#### **PUBLICATIONS**

# **Peer Reviewed Publications**

- \* Represents collaboration with a mentee
- 1. Walukevich-Dienst, K., **Blayney, J. A.**, Fairlie, A. M., Jaffe, A. E., & Larimer, M. E. (2022). Social anxiety and preparty motives are associated with alcohol-related negative consequences during college students' most recent preparty occasion. *Journal of Studies on Alcohol and Drugs*.
- 2. Stappenbeck, C. A., Jaffe, A. E., **Blayney, J. A.**, Kirwan, M., George, W. H., & Davis. K. C. (2022). An event-level evaluation of women's self-medicated drinking: The role of sexual assault severity, affect, and drinking motives. *Psychological Trauma: Theory, Research, Practice, & Policy*. https://doi.org/10.1037/tra0001278
- 3. Bird, E. R., Stappenbeck, C. A., **Blayney, J. A**., Kaysen, D. L., & George, W. H. (2022). Examination of sex-related distress and self-medication drinking in U.S. college women. *Journal of Sex Research*. <a href="https://doi.org/10.1080/00224499.2022.2044444">https://doi.org/10.1080/00224499.2022.2044444</a>
- 4. Jaffe, A. E., **Blayney, J. A.**, Schallert, M., Edwards, M. E., & Dworkin, E. R. (2022). Social network changes and disclosure responses after sexual assault. *Psychology of Women Quarterly*. https://doi.org/10.1177/03616843221085213
- 5. **Blayney, J. A.**, Jenzer, T., Jaffe, A. E., Carroll, Q.,\* & Read, J. P. (2022). Friends-based protective strategies and unwanted sexual experiences: A daily diary examination of first year college women. *Psychology of Women Quarterly*. <a href="https://doi.org/10.1177/03616843221085219">https://doi.org/10.1177/03616843221085219</a>
- 6. Jaffe, A. E., Graupensperger, S., **Blayney, J. A.**, Duckworth, J. C., & Stappenbeck, C. A. (2022). The role of perceived social norms in college student vaccine hesitancy: Implications for COVID-19 prevention strategies. *Vaccine*, 40, 1888-1895. https://doi.org/10.1016/j.vaccine.2022.01.038
- 7. Jaffe, A. E., **Blayney, J. A.**, Graupensperger, S., Cooper, R. L.,\* & Larimer, M. (2022). Prepartying and incapacitated rape: Is drinking a risk factor or an outcome? *Alcoholism: Clinical and Experimental Research*, *46*, 447-457. <a href="https://doi.org/10.1111/acer.14779">https://doi.org/10.1111/acer.14779</a>
- 8. Lee, C. M., Calhoun, B. H., Abdallah, D. A., **Blayney, J. A.,** Schultz, N. R., Brunner, M., & Patrick, M. E. (2022). Simultaneous alcohol and marijuana use among young adults: A scoping review of prevalence, patterns, psychosocial correlates, and consequences. *Alcohol Research: Current Reviews.* https://doi.org/10.35946/arcr.v42.1.08
- 9. **Blayney, J. A.**, Jaffe, A. E., Carroll, Q.,\* & Read, J. P. (2021). Contextual risk for nonconsensual sexual experiences: An application of Routine Activity Theories among first year college women who drink alcohol. *Psychology of Violence*, 12, 52-62. <a href="https://doi.org/10.1037/vio0000401">https://doi.org/10.1037/vio0000401</a>
- 10. George, W. H., **Blayney, J. A.**, Stappenbeck, C. A., & Davis. K. C. (2021). The role of alcohol-related behavioral risk in the design of HIV prevention interventions in the era of antiretrovirals: Alcohol challenge studies and research agenda. *AIDS and Behavior*, 25, 347-364. https://doi.org/10.1007/s10461-021-03351-4

- 11. Jaffe, A. E., **Blayney, J. A.**, Graupensperger, S., Stappenbeck, C. A., Bedard-Gilligan, M., & Larimer, M. (2021). Personalized normative feedback for hazardous drinking among college women: Differential outcomes by history of incapacitated rape. *Psychology of Addictive Behaviors*. https://doi.org/10.1037/adb0000657
- 12. Stappenbeck, C. A., Gulati, N. K., Jaffe, A. E., **Blayney, J. A**., & Kaysen, D. L. (2021). Initial efficacy of a web-based alcohol and emotion regulation intervention for college women with sexual assault histories. *Psychology of Addictive Behaviors*, *35*, 852-865. <a href="https://doi.org/10.1037/adb0000762">https://doi.org/10.1037/adb0000762</a>
- 13. Gulati, N. K., **Blayney**, **J. A**., Jaffe, A. E., Kaysen, D. L., & Stappenbeck, C. A. (2021). A formative evaluation of a web-based intervention for women with a sexual assault history and heavy alcohol use. *Psychological Trauma: Theory, Research, Practice, & Policy*, *13*, 825-834. <a href="https://doi.org/10.1037/tra0000917">https://doi.org/10.1037/tra0000917</a>
- 14. **Blayney, J. A.**, Hequembourg, A., & Livingston, J. A. (2021). Rape acknowledgement and sexual minority women's mental health and drinking behaviors. *Journal of Interpersonal Violence*, *36*, NP3786-NP3802. <a href="https://doi.org/10.1177/0886260518781800">https://doi.org/10.1177/0886260518781800</a>
- 15. Jaffe, A. E., Duckworth, J., **Blayney, J. A.**, Lewis, M. A., & Kaysen, D. L. (2021). A prospective study of predictors and consequences of hooking up for sexual minority women. *Archives of Sexual Behavior*, *50*, 1599-1612. https://doi.org/10.1007/s10508-020-01896-4
- 16. Hequembourg, A., **Blayney, J. A.,** Livingston, J. A., & Bostwick, W. (2021). A mixed methods investigation of sexual victimisation and coping among sexual minority compared to heterosexual women. *Psychology & Sexuality, 12,* 17-36. <a href="https://doi.org/10.1080/19419899.2019.1678193">https://doi.org/10.1080/19419899.2019.1678193</a>
- 17. **Blayney, J. A.**, Jenzer, T., Read, J. P., Livingston, J., Testa, M., & Carroll, Q.\* (2021). A qualitative study on friends and the social context of sexual victimization: Implications for campus-based interventions. *Violence Against Women*, 27, 2092-2110. https://doi.org/10.1177/1077801220954277
- 18. Egerton, G. A., Jenzer, T., **Blayney, J. A.**, Kimber, J., Colder, C. R., & Read, J. P. (2020). Distress-related internalizing symptoms interact with externalizing symptoms to predict alcohol problems in an inpatient adolescent sample. *American Journal on Addictions*, 29, 57-64. https://doi.org/10.1111/ajad.12980
- 19. Jaffe, A. E., **Blayney, J. A.**, Lewis, M. A., & Kaysen, D. L. (2020). Prospective risk for incapacitated rape among sexual minority women: Hook-ups and drinking. *Journal of Sex Research*, *57*, 922-932. https://doi.org/10.1080/00224499.2019.1661949
- 20. Hequembourg, A. L., **Blayney, J. A.**, Bostwick, W., & Van Ryzin, M. (2020). Concurrent daily alcohol and tobacco use among sexual minority and heterosexual women. *Substance Use & Misuse*, *55*, 66-78. <a href="https://doi.org/10.1080/10826084.2019.1656252">https://doi.org/10.1080/10826084.2019.1656252</a>
- 21. Jenzer, T., Meisel, S., **Blayney, J. A.**, Colder, C., & Read, J. P. (2020). Reciprocal processes in trauma and coping: Bidirectional effects over a four-year period. *Psychological Trauma: Theory, Research, Practice, & Policy, 12*, 207-218. <a href="https://doi.org/10.1037/tra0000500">https://doi.org/10.1037/tra0000500</a>
- 22. **Blayney, J. A.**, Scalco, M., Radomski, R., Colder, C., & Read, J. P. (2019). Sexual victimization histories and substance use trajectories during the transition out of college. *Psychology of Addictive Behaviors*, *33*, 529-539. https://doi.org/10.1037/adb0000489
- 23. Jaffe, A. E., **Blayney, J. A.**, Bedard-Gilligan, M., & Kaysen, D. L. (2019). Are trauma-related memories state-dependent? Intrusive memories following alcohol-involved sexual assault. *European Journal of Psychotraumtology*, *10*, 1634939 http://doi.org/10.1080/20008198.2019.1634939
- 24. **Blayney, J. A.**, Jenzer, T., Read, J. P., Livingston, J., & Testa, M. (2018). Enlisting friends to reduce sexual victimization risk: There's an app for that... but nobody uses it. *Journal of American College Health*, 66, 767-773. https://doi.org/10.1080/07448481.2018.1446439
- 25. **Blayney, J. A.**, Lewis, M. A., Kaysen, D. L., & Read, J. P. (2018). Examining the influence of gender and sexual motivation in college hookups. *Journal of American College Health*, 66, 739-746. https://doi.org/10.1080/07448481.2018.1440571
- 26. **Blayney, J. A.**, & Read, J. P. (2018). Sexual assault characteristics and perceptions of event-related distress. *Journal of Interpersonal Violence*, *33*, 1147-1168. <a href="http://doi.org/10.1177/0886260515614560">http://doi.org/10.1177/0886260515614560</a>
- 27. Radomski, S., **Blayney, J. A.**, Prince, M., & Read, J. P. (2016). PTSD and pregaming in college students: A risky practice for an at-risk group. *Substance Use & Misuse*, *51*, 1034-1046. <a href="http://doi.org/10.3109/10826084.2016.1152497">http://doi.org/10.3109/10826084.2016.1152497</a>
- 28. **Blayney, J. A.**, Colder, C., & Read, J. P. (2016). The role of alcohol in college sexual victimization and post-assault adaptation. *Psychological Trauma: Theory, Research, Practice, & Policy, 8*, 421-430. https://doi.org/10.1037/tra0000100
- 29. Lee, C. M., **Blayney**, **J. A.**, Rhew, I., Lewis, M. A., & Kaysen, D. L. (2016). College status, perceived drinking norms, and alcohol use among sexual minority women. *Psychology of Sexual Orientation and Gender Diversity*, *3*, 104-112. http://doi.org/10.1037/sgd0000142
- 30. Logan, D. E., Lewis, M. A., Koo, K., Kilmer, J. R., & **Blayney**, **J. A.** (2015). Use of drinking protective behavioral strategies and sexual perceptions and behaviors in U.S. college students. *Journal of Sex Research*, *52*, 558-569.

- http://doi.org/10.1080/00224499.2014.964167
- 31. Balsam, K., Molina, Y., **Blayney, J. A.**, & Dillworth, T. (2015). Racial/ethnic differences in identity and mental health outcomes among young sexual minority women. *Cultural Diversity and Ethnic Minority Psychology*, 21, 380-390. <a href="http://doi.org/10.1037/a0038680">http://doi.org/10.1037/a0038680</a>
- 32. Kaysen, D. L., Kulesza, M., Balsam, K., Rhew, I., **Blayney, J. A.**, Lehavot, K., & Hughes, T. (2014). Coping as a mediator of internalized homophobia and psychological distress among young adult sexual minority women. *Psychology of Sexual Orientation and Gender Diversity*, 1, 225-233. <a href="http://doi.org/10.1037/sgd00000045">http://doi.org/10.1037/sgd00000045</a>
- 33. Pederson, E., Kaysen, D. L., Lindgren, K. P., **Blayney**, **J. A.**, & Simpson, T. (2014). Impact of daily assessments on distress and PTSD symptoms in trauma-exposed women. *Journal of Interpersonal Violence*, 29, 824-845. http://doi.org/10.1177/0886260513505705
- 34. Lewis, M. A., Patrick, M. E., Litt, D. M., **Blayney, J. A.**, Atkins, D. C., Kim, T.,... Larimer, M. E. (2014). Randomized controlled trial of a web-delivered personalized normative feedback intervention to reduce alcohol-related risky sexual behavior among college students. *Journal of Consulting and Clinical Psychology*, 82, 429-440. <a href="http://doi.org/10.1037/a0035550">http://doi.org/10.1037/a0035550</a>
- 35. Bedard-Gilligan, M. A., Cronce, J., Levot, K., **Blayney, J. A.**, & Kaysen, D. L. (2014). The relationship between assault and physical health complaints in a sample of female drinkers: Roles of avoidant coping and alcohol use. *Journal of Interpersonal Violence*, 29, 1359-1379. http://doi.org/10.1177/0886260513507139
- 36. Koo, K., Nguyen, H., Gilmore, A., **Blayney, J. A.**, & Kaysen, D. L. (2014). Posttraumatic cognitions, somatization, and PTSD severity among Asian American and White college women with sexual trauma histories. *Psychological Trauma: Theory, Research, Practice, & Policy, 6*, 337-344. http://doi.org/10.1037/a0033830
- 37. Kaysen, D. L., Atkins, D. A., Simpson, T., Stappenbeck, C. A., **Blayney, J. A.**, Lee, C. M., & Larimer, M. E. (2014). Proximal relationships between PTSD symptoms and drinking among female college students: Results from a daily monitoring study. *Psychology of Addictive Behaviors*, 28, 62-73. http://doi.org/10.1037/a0033588
- 38. Lewis, M. A., Litt, D. A., Cronce, J., **Blayney, J. A.**, & Gilmore, A. (2014). Underestimating protection and overestimating risk: Examining descriptive normative perceptions and their association with drinking and sexual behaviors. *Journal of Sex Research*, *51*, 86-96. <a href="http://doi.org/10.1080/00224499.2012.710664">http://doi.org/10.1080/00224499.2012.710664</a>
- 39. Litt, D., Lewis, M. A., **Blayney, J. A.**, & Kaysen, D. L. (2013). Protective behavioral strategies as a mediator of the generalized anxiety and alcohol use relationship among lesbian and bisexual women. *Journal of Studies on Alcohol and Drugs*, 74, 168-174. http://doi.org/10.15288/jsad.2013.74.168
- 40. Lewis, M. A., Atkins, D. A., **Blayney, J. A.**, Dent, D. P., & Kaysen, D. L. (2013). What is hooking up? Examining definitions of hooking up in relation to behavior and normative perceptions. *Journal of Sex Research*, 50, 757-766. <a href="http://doi.org/10.1080/00224499.2012.706333">http://doi.org/10.1080/00224499.2012.706333</a>
- 41. Donovan, D. M., Knox, P. C., Skytta, J. A. F., **Blayney, J. A.**, & DiCenzo, J. (2013). Buprenorphine from detox and beyond: Preliminary evaluation of a pilot program to increase heroin dependent individuals' engagement in a full continuum of care. *Journal of Substance Abuse Treatment*, 44, 426-432. http://doi.org/10.1016/j.jsat.2012.08.019
- 42. Lewis, M. A., Granato, H., **Blayney, J. A.**, Lostutter, T. W., & Kilmer, J. R. (2012). Predictors of hooking up sexual behaviors and emotional reactions among U.S. college students. *Archives of Sexual Behavior*, *41*, 1219-1229. http://doi.org/10.1007/s10508-011-9817-2
- 43. Lewis, M. A., Litt, D., **Blayney, J. A.**, Lostutter, T. W., Granato, H., Kilmer, J. R., & Lee, C. M. (2011). They drink how much and where? Normative perceptions by drinking context and their association to college student's alcohol consumption. *Journal of Studies on Alcohol and Drugs*, 72, 844-853. https://doi.org/10.15288/jsad.2011.72.844
- 44. Lindgren, K. P., Neighbors, C., **Blayney, J. A.**, Mullins, P. M., & Kaysen, D. L. (2012). Do drinking motives mediate the association between sexual assault and problem drinking? *Addictive Behaviors*, *37*, 323-326. http://doi.org/10.1016/j.addbeh.2011.10.009
- 45. Lindgren, K. P., Hendershot, C. S., Neighbors, C., **Blayney, J. A.**, & Otto, J. M. (2011). Implicit coping and enhancement motives predict unique variance in drinking in Asian Americans. *Motivation and Emotion*, *35*, 435-443. <a href="http://doi.org/10.1007/s11031-011-9223-z">http://doi.org/10.1007/s11031-011-9223-z</a>
- 46. Lindgren, K. P., Schacht, R., Mullins, P. M., & **Blayney, J. A.** (2011). Cognitive representations of sexual self differ as a function of gender and sexual debut. *Archives of Sexual Behavior*, 40, 111-120. <a href="http://doi.org/10.1007/s10508-009-9545-z">http://doi.org/10.1007/s10508-009-9545-z</a>
- 47. Lindgren, K. P, Mullins, P. M., Neighbors, C., & **Blayney, J. A.** (2010). Curiosity killed the cocktail? Curiosity, sensation seeking, and alcohol-related problems in college women. *Addictive Behaviors*, *35*, 513-516. http://doi.org/10.1016/j.addbeh.2009.12.024
- 48. Lindgren, K. P, Schacht, R., Pantalone, D., **Blayney, J. A.,** & George, W. (2009). Sexual communication, sexual goals, and students' transition to college: Implications for sexual assault, decision-making, and risky behaviors. *Journal of College Student Development, 50,* 491-503. <a href="http://doi.org/10.1353/csd.0.0095">http://doi.org/10.1353/csd.0.0095</a>

## POSTER AND PAPER PRESENTATIONS

#### **Poster Presentations**

- \* Represents collaboration with a mentee
- 1. Severson, D. S.,\* **Blayney, J. A.**, Linger, B., Davis, K. C., Bedard-Gilligan, M., & George, W. H. (2022). Where's the party at? The role of social drinking contexts in the association between sexual victimization history and alcohol consequences. Poster submitted to the Annual Meeting of the International Society of Traumatic Stress Studies, Atlanta, Georgia.
- 2. **Blayney, J. A.**, Graupensperger, S., Jaffe, A. E., Cooper, R. L.,\* Bedard-Gilligan, M., George, W. H., & Read, J. P. (2022). Sexual victimization and socio-environmental context as predictors of sexual behavior and consequences. Poster accepted to the Annual Meeting of the International Academy of Sex Research, Virtual Conference, Reykjavík, Iceland.
- 3. Conroy, K.,\* **Blayney, J. A.,** George, W. H., & Bird, E. (2021). College women, sex, and drinking: Examining the impact of pre-sex alcohol consumption in consensual sexual encounters. Poster presented at the Annual Meeting of the International Society of Women's Sexual Health, Virtual Conference.
- 4. **Blayney**, **J. A.**, Jaffe, A. E., Carroll, Q.,\* & Read, J. P. (2021). Contextual risk for unwanted sexual experiences: An application of Routine Activity Theories. Poster presented at the Annual Nebraska Symposium on Motivation: Alcohol and Sexual Violence, Virtual Conference.
- 5. Jaffe, A. E., **Blayney, J. A.,** Kumar, S. A., & DiLillo, D. (2021). Blacked out or passed out? Differences in incapacitated rape experiences and outcomes. Poster presented at the Annual Nebraska Symposium on Motivation: Alcohol and Sexual Violence. Virtual Conference.
- 6. Cooper, R. L.,\* **Blayney**, **J. A.**, Graupensperger, S. Jaffe, A. E., Bedard-Gilligan, M., & Read, J. P. (2021). Sexual victimization and context as predictors of sexual behavior and consequences. Poster presented at the Annual Nebraska Symposium on Motivation: Alcohol and Sexual Violence, Virtual Conference.
- 7. Cooper, R. L.,\* **Blayney, J. A.,** Jaffe, A. E., Stappenbeck, C. A., Davis, K. C., & George, W. H. (2021). Coping sex motives as a mediator between sexual identity and sexual risk behavior. Poster presented at the National LGBTQ Health Conference, Virtual Conference.
- 8. **Blayney, J. A.**, Jaffe, A. E., Stappenbeck, C. A., Davis, K. C., & George, W. (2020). Mediators of the association between sexual victimization severity and involvement with risky sexual partners. Poster presented at the Annual Meeting of the International Society of Traumatic Stress Studies, Virtual Conference.
- 9. Jaffe, A. E., **Blayney, J. A.**, Bedard-Gilligan, M., & Kaysen, D. L. (2019). Are trauma-related memories state-dependent? Intrusive memories following alcohol-involved sexual assault. Poster presented at the Annual Meeting of the Research Society on Alcoholism, Minneapolis, MN.
- 10. Hequembourg, A., Bostwick, W., Livingston, J. A., & **Blayney**, **J. A.** (2018). A mixed methods investigation of lifetime sexual trauma and coping among sexual minority women and exclusively heterosexual women. Poster presented at the Annual Meeting of the International Society of Traumatic Stress Studies, Washington, DC.
- 11. Jenzer, T., Meisel, S., Carroll, Q.,\* **Blayney, J. A.**, & Read, J. P. (2018). Trauma and coping: Longitudinal bidirectional pathways. Poster presented at the Annual Meeting of the Association of Behavioral and Cognitive Therapies, Washington, DC.
- 12. Hequembourg, A., **Blayney, J. A., &** Livingston, J. A. (2018). The role of trauma in alcohol dependence among sexual minority women. Poster presented at the Annual Meeting of the Gay Lesbian Medical Association, Las Vegas, NV.
- 13. Hequembourg, A., Livingston, J. A., Bostwick, W., & **Blayney**, **J. A.** (2018). Lifetime sexual trauma, disclosure, and coping among sexual minority women. Poster presented at the Annual Meeting of the American Psychological Association, San Francisco, CA.
- 14. **Blayney, J. A.,** Jenzer, T., Read, J. P., Livingston, J, & Testa, M. (2017). I've got your back: Women's natural use of friends to reduce risk for alcohol-involved sexual assault in college. Poster presented at the Annual Meeting of the Research Society on Alcoholism, Denver, CO.
- 15. Egerton, G., Jenzer, T., **Blayney, J. A.,** Marshall, D., & Read, J. P. (2017). Internalizing and externalizing symptoms interact to predict alcohol problems in an inpatient adolescent sample. Poster presented at the Annual Meeting of the Research Society on Alcoholism, Denver, CO.
- 16. **Blayney, J. A.,** Jenzer, T., Kimber, T., Marshall, D. & Read, J. P. (2016). An examination of the NIAAA screening guide in an acute care setting. Poster presented at the Annual Meeting of the Association of Behavioral and Cognitive Therapies, New York City, NY.
- 17. Hequembourg, A. L., **Blayney, J. A.,** & Livingston. J. A. (2016). Rape acknowledgment status, alcohol use, and mental health indicators among sexual minority women. Poster presented at the Annual Meeting of the Research Society on Alcoholism, New Orleans, LA

- 18. **Blayney**, **J. A.**, Scalco, M., Radomski, S., Colder, C., & Read, J. P. (2015). Sexual victimization and drinking trajectories during the transition out of college. Poster presented at the 2015 Annual Meeting of the Association of Behavioral and Cognitive Therapies, Chicago, IL.
- 19. **Blayney**, **J. A.**, Jenzer, T., Sweney, C., & Read, J. P. (2015). Alcohol use and other risky behaviors in adolescent psychiatric inpatients: Application of the NIAAA screening guide. Poster presented at the Annual Meeting of the Research Society on Alcoholism, San Antonio, TX.
- 20. **Blayney**, **J. A.** & Read, J. P. (2014). Does intoxication during sexual victimization influence perceptions of distress? Poster presented at the 2014 Research Society on Alcoholism, Bellevue, WA.
- 21. **Blayney**, **J. A.**, Griffin, M. J., & Read, J. P. (2013). The role of posttraumatic cognitions in predicting PTSD symptom clusters over time. Poster presented at the Annual Meeting of the Association of Behavioral and Cognitive Therapies, Nashville, TN.
- 22. **Blayney, J. A.** & Hequemborg, A. (2013). Predictors of alcohol use severity among sexual minority men and women: The influence of gender, sexual victimization, social support, and maladaptive coping. Poster presented at the Annual Meeting of the Association of Behavioral and Cognitive Therapies, Nashville, TN.
- 23. Bedard-Gilligan, M. A., Cronce, J. M., Lehavot, K., **Blayney, J. A.**, & Kaysen, D. L. (2012). The role of alcohol use and avoidant coping in the relationship between assault, PTSD, and physical health. Poster presented at the 2012 Annual Meeting of the Research Society on Alcoholism, San Francisco, CA.
- 24. Bedard-Gilligan, M., Kaysen, D., & **Blayney**, **J.** (2012). PTSD and drinking motives as predictors of relapse to alcohol use in women. Paper presented at the Annual Meeting of the International Society for Traumatic Stress Studies, Los Angeles, CA.
- 25. **Blayney, J. A.**, Balsam, K. F., Molina, Y., Dillworth, T., Leickly, E., & Kaysen, D. L. (2012). Ethnic and racial differences in trauma, mental health, and substance use among young adult sexual minority women. Poster presented at the Annual Meeting of the Research Society on Alcoholism, San Francisco, CA.
- 26. Lee, C. M., Kaysen, D. L., Rhew, I., Lewis, M. A., & **Blayney, J. A.** (2012). Every night is ladies night: Community involvement, drinking context, and college status in relation to drinking behavior in sexual minority women. Symposium presented at the Annual Meeting of the Research Society on Alcoholism, San Francisco, CA.
- 27. Lewis, M. A., Kurtz, F. B., **Blayney, J. A.**, Atkins, D. C., Kim, T., Norris, J.,... Larimer, M. E. (2012). Randomized controlled trial evaluating a web-based personalized normative feedback intervention for reducing alcohol-related risky sexual behaviors. Poster presented at the Annual Meeting of the Research Society on Alcoholism, San Francisco, CA.
- 28. Litt, D., Lewis, M. A., Kaysen, D. L., & **Blayney**, **J. A.** (2012). Anxiety as a mediator of the protective behavioral strategy and alcohol use relationship among lesbian and bisexual women. Poster presented at the Annual Meeting of the Research Society on Alcoholism, San Francisco, CA.
- 29. Bedard-Gilligan, M. A., **Blayney, J. A.**, & Kaysen, D. L. (2011). Feasibility of trauma narrative writing during treatment for alcohol dependence: Pattern of alcohol cravings and emotions. Poster presented at the Annual Meeting of the Research Society on Alcoholism, Atlanta, GA.
- 30. **Blayney, J. A.**, Lewis, M. A., Drummond, S.R., & Firth, P. (2011). Negotiating safe sex while drinking: Examining condom negotiation skills as a mediator of the association between condom self-efficacy and condom use. Poster presented at the Annual Meeting of the Research Society on Alcoholism, Atlanta, GA.
- 31. **Blayney, J. A.**, Bedard-Gilligan, M. A., Skytta, J. A. F., Nicklos, M. E., Dent, D. P., Leickly, E., & Kaysen, D. L. (2011). Alcohol use disorders and PTSD: Examining the associations between distress, cognitions, cravings, and drinking to cope in treatment seeking women. Poster presented at the Annual Meeting of the Research Society on Alcoholism, Atlanta, GA.
- 32. Kaysen, D. L., Lehavot, K., Balsam, K., Hodge, K. & **Blayney, J. A.** (2011). Effects of microaggression on emerging adult lesbian and bisexual women. In. D. Kaysen (Chair). But words will never hurt me? The impact of microaggression on mental health and health risk behaviors. Symposium presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- 33. Kaysen, D. L., Atkins, D., Lee, C. M., Desai, S. A., & **Blayney, J. A.** (2011). Beer chases my blues away: PTSD, alcohol, and coping in female college students. Poster presented at the Annual Meeting of the Association of Behavioral and Cognitive Therapies, Toronto, ON.
- 34. Kaysen, D. L., Lee, C. M., Atkins, D., Lewis, M. A., **Blayney, J. A.,** & Desai, S. A. (2011). Alcohol, PTSD, and drinking motives in sexually victimized college women. Poster presented at the 2011 Annual Meeting of American Psychological Association, Washington D.C.
- 35. Lewis, M. A., Litt, D., **Blayney, J. A.**, & Kilmer, J. R. (2011). Location, location, location! Normative misperceptions by drinking contexts and their association with alcohol consumption. Poster presented at the Annual Meeting of American Psychological Association, Washington D.C.
- 36. Pederson, E., Kaysen, D. L., Lindgren, K. P., Lee, C. M., **Blayney, J. A.**, & Simpson, T. (2011). Impact of daily assessments on distress and PTSD symptoms in trauma-exposed women. Poster presented at the Annual Meeting of the

- Association for Behavioral and Cognitive Therapies, Toronto, ON.
- 37. **Blayney, J. A.**, Lewis, M. A., Nicklos, M., & Skytta, J. (2010). Examining predictors of sexual hookups in college. Poster presented at the Annual Meeting of the Research Society on Alcoholism, San Antonio, TX.
- 38. **Blayney**, **J. A.**, Firth, P., Kaysen, D. L. & D. P. Dent (2010). Family history, PTSD, & victimization: Predictors of alcohol consumption and alcohol–related consequences. Poster presented at the Annual Meeting of the Research Society on Alcoholism, San Antonio, TX.
- 39. Desai, S. A., Kaysen, D. L., Bedard-Gilligan, M., & **Blayney**, **J. A.** (2010). Differences in peri-traumatic and post-traumatic cognitions between victims of incapacitated and non-incapacitated sexual assault. Poster presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- 40. Dillworth, T., Kaysen, D. L., & **Blayney**, **J. A.** (2010). The relation between trauma exposure, PTSD, and health outcomes in a sample of female heavy drinkers. Poster presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- 41. Firth, P., Kaysen, D. L., Lewis, M. A., **Blayney, J. A.**, & Desai, S. A. (2010). Victimization, drinking behavior, and protective behavioral strategies. Poster presented at the Annual Meeting of the International Society for Traumatic Stress Studies, Montreal, Quebec Canada.
- 42. Kaysen, D. L., Lee, C. M., Atkins, D., Desai, S. A., & **Blayney, J. A.** (2010). Alcohol and tears: Revictimization, PTSD, and drinking in female college students. Poster presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- 43. Lewis, M. A., & **Blayney**, **J. A.** (2010). Alcohol, sexual hookups, and affect. Poster presented at the Annual Meeting of the Research Society on Alcoholism, San Antonio, TX.
- 44. Lindgren, K. P., Kaysen, D. L., Neighbors, C., **Blayney, J. A.**, & Mullins, P. M. (2010). A longitudinal investigation of coping and enhancement drinking motives as mediators of the relation between sexual assault and problem drinking. Poster presented at the Annual Meeting on the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- 45. Lindgren, K. P., Hendershot, C. S., & **Blayney**, **J. A.** (2010). Automatic alcohol-related cognitions predict unique variance in weekly drinking and heavy drinking episodes in an Asian-American college sample. Poster presented at the Annual Meeting of the Research Society on Alcoholism, San Antonio, TX.
- 46. **Blayney, J. A.**, Kaysen, D. L., Lindgren, K. P., & Mullins, P. M. (2009). The impact of childhood and adulthood sexual victimization on sexual self-schema. Poster presented at the Annual Meeting on the Association for Behavioral and Cognitive Therapies, New York, NY.
- 47. Firth, P., Kaysen, D. L., & **Blayney, J. A**. (2009). Childhood maltreatment and tonic immobility in female college students. Poster presented at the Annual Meeting on the Association for Behavioral and Cognitive Therapies, NY, NY.
- 48. Hendershot, C. S., Lindgren, K. P., Otto, J. M., **Blayney, J. A.**, Hur, E., Dang, K., & Liang, T. (2009). A genetic association with automatic alcohol cognitions: ALDH2 and automatic drinking movies. Poster presented at the Annual Meeting on the Research Society on Alcoholism, San Diego, CA.
- 49. Lewis, M. A., Kaysen, D. L., Kilmer, J. R., Rees, M., Logan, D. E., & **Blayney, J. A.** (2009). Drinking protective behavioral strategies in relation to sex-related alcohol negative consequences. Poster presented at the Annual Meeting on the Association for Behavioral and Cognitive Therapies, New York, NY.
- 50. **Blayney**, **J**. **A.**, Mullins, P. M., Lindgren, K. P., Schacht R. L., & Kaysen, D. L. (2008). Let's talk about sex, baby: The influence of the initiation of sex on indirect measures of college women's sexuality. Poster presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- 51. Lindgren, K. P., Kaysen, D. L., Neighbors, C., **Blayney, J.**, & Mullins, P. M. (2008). Alcohol, a party-time necessity?: Drinking motives as mediators of the sexual assault and problem drinking relationship. Poster presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- 52. Lindgren, K. P., Mullins, P. M., **Blayney, J. A.**, Neighbors, C., & Kaysen, D. L. (2008). Implicit and explicit measures of drinking motives in college women: An investigation of their relation to alcohol consumption and negative consequences. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, Tampa, FL.
- 53. Mullins, P. M., **Blayney, J.**, & Lindgren, K. P. (2008). The role of curiosity and meaningful life in college women's drinking behavior. Poster presented at the Fourth European Conference on Positive Psychology, Opatija, Croatia.
- 54. **Blayney, J.** & Xiao, Z., & Lindgren, K. P. (2007). The effect of alcohol cues and relationship goals on sexual intent perceptions. Poster presented at the University of Washington Undergraduate Research Symposium, Seattle, WA.
- 55. Lindgren, K. P., **Blayney, J**., Girard, J., Mullins, P., & Xiao, Z. (2007). Influence of gender, sexual experience, and situation on implicit and explicit measures of sexual interest. Poster presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

# **Paper Presentations**

- 1. **Blayney, J. A.,** Chhum, P.,\* Patterson, M.,\* Jaffe, A. E., Stappenbeck, C. A., Rhew, I., Davis, K. C., George, W. H., & Bedard-Gilligan, M. (2021). Making interventions more user centered: Developing an alcohol and sexual risk intervention for women with sexual victimization histories. Paper accepted to present to the Annual Convention of the Research Society on Alcoholism, Orlando, FL.
- 2. Jaffe, A. E., **Blayney, J. A.,** Graupensperger, S., Cooper, R. L.,\* & Larimer, M. E. (2021). Incapacitated sexual assault and pre-partying: The role of situational control. Paper accepted to the Annual Convention of the Research Society on Alcoholism, Orlando, FL.
- 3. Cooper, R. L.,\* McCabe, C., Guttmannova, K., **Blayney, J. A.,** Rhew, I., Kilmer, J., & Larimer, M. E. (2021). The impact of COVID-19 stressors on substance use in sexual and gender minoritized young adults. Paper presented at the Annual Convention of the Society for Prevention Research, Seattle, WA.
- 4. **Blayney, J. A.,** Cooper, R. L.,\* Jaffe, A. E., Stappenbeck, C. A., George, W. H., & Davis, K. C. (2021). Sexual identity, distress, and health-related behaviors: The mediating role of sexual victimization severity. Paper presented at the Annual Convention of the International Society of Traumatic Stress Studies, Virtual Conference.
- 5. Jaffe, A. E., Holland, K. J., Kumar, S. A., **Blayney, J. A.**, & DiLillo, D. (2021). Sexual assault recovery among bisexual and heterosexual college women: The role of social reactions in disparities for posttraumatic stress. Paper presented at the Annual Convention of the International Society of Traumatic Stress Studies, Virtual Conference.
- 6. Stappenbeck, C. A., Gulati, N. K., **Blayney, J. A.**, Jaffe, A. E., & Kaysen, D. (2020). Efficacy of a tailored web-based alcohol intervention for heavy-drinking college women with sexual assault histories. Paper presented at the Annual Research Society on Alcoholism Scientific Meeting, Virtual Conference.
- 7. Stappenbeck, C. A., Gulati, N. K., **Blayney, J. A.**, Jaffe, A. E., Peddle, A., K., Ross, B. V., & Kaysen, D. (2020). Efficacy of a tailored web-based alcohol intervention to improve regulatory skills and reduce PTSD symptom severity among heavy drinking college women with sexual assault histories. Paper presented at the Annual Meeting of the International Society for Traumatic Stress Studies, Virtual Conference.
- 8. **Blayney, J. A.**, Jenzer, T., Read, J. P., Livingston, J, & Testa, M. (2017). Sexual assault prevention: There's an app for that... but nobody uses it. Paper presented at the Annual Meeting of the Research Society on Alcoholism, Denver, CO.
- 9. Kaysen, D. L. & **Blayney, J. A.** (2009). Cognitive processing therapy for complex traumas and complicated PTSD. Paper presented at the ADAI Tribes Meeting: Transforming Mental Health, Centralia, WA.

## **TEACHING EXPERIENCES**

# **Invited Trainings**

Winter 2020 Integrating Principles of Trauma Informed Care for Care Managers - Kaiser Permanente

## **Invited Panels**

- Winter 2022 360 Proof Addressing Alcohol and Related Sexual Risks on College Campuses: Individually Focused, Interpersonal, and Environmental Level Approaches NCAA/NASPA
- Winter 2021 Pathway to Independence Award Fellows Panel University of Washington

## **Guest Lectures**

Winter 2020

| Guest Lectures |   |  |
|----------------|---|--|
| Spring 2022    | Community-Based Participatory Research and User Centered Design - University of Washington          |  |
| Winter 2022    | Considering Diversity, Equity, and Inclusion in DBT - University of Washington Psychiatry Residents |  |
| Winter 2021    | Introduction to ACT - University of Washington Psychiatry Residents                                 |  |
| Fall 2021      | DBT Behavior Chain and Solution Analysis - University of Washington Psychiatry Residents            |  |
| Sum 2021       | DBT Consultation Team - University of Washington DBT Training Program                               |  |
| Spring 2021    | Addressing IPV in Clinical Practice: Definitions, Assessment, and Treatment - SPU Graduate Students |  |
| Winter 2021    | DBT: Balancing Acceptance and Change - University of Washington Psychiatry Residents                |  |
| Fall 2020      | DBT Behavior Chain and Solution Analysis - University of Washington Psychiatry Residents            |  |
| Fall 2020      | Sexual Victimization: Risk Factors, Consequences, and Future Directions - Research Undergraduates   |  |
| Sum 2020       | DBT Consultation Team - University of Washington DBT Training Program                               |  |

Validation Strategies in DBT - University of Washington Psychology Residents

| Winter 2020 | Other Stylistic Strategies in DBT - University of Washington Psychology Residents          |
|-------------|--|
| Fall 2019   | Empirically Supported Treatments for PTSD - University of Washington Psychology Residents  |
| Spring 2019 | Introduction to Motivational Interviewing - HMC Psychiatry Residents and Medical Students  |
| Spring 2019 | Introduction to DBT - HMC Psychiatry Residents and Medical Students                        |
| Winter 2019 | Introduction to Motivational Interviewing - University of Washington Psychiatry Residents  |
| Winter 2019 | Introduction to Cognitive Behavior Therapy - University of Washington Psychiatry Residents |
| Winter 2018 | Introduction to DBT - University of Washington Psychiatry Residents                        |
| Fall 2015   | Sexual Assault and Alcohol - SUNY University at Buffalo Undergraduates                     |
| Spring 2015 | Personality Disorders - SUNY University at Buffalo Undergraduates                          |
| Fall 2014   | Group, Couples, and Family Therapy - SUNY University at Buffalo Undergraduates             |
| Spring 2014 | Personality Disorders - SUNY University at Buffalo Undergraduates                          |
| Spring 2013 | Trauma and Memory - SUNY University at Buffalo Undergraduates                              |
| Fall 2012   | Substance Use Disorders - SUNY University at Buffalo Undergraduates                        |
|             |  |

# **Clinical Supervision**

| 2022 –      | DBT Supervisor, Outpatient Psychiatry Clinic - University of Washington     |
|-------------|---|
| 2020 –      | CBT Supervisor, Outpatient Psychiatry Clinic - University of Washington     |
| 2015 - 2017 | Peer Supervisor, Psychological Services Center - SUNY University at Buffalo |

# **Teaching Assistantships**

| Spring 2015 | Personality Psychology - SUNY University at Buffalo |
|-------------|---|
| Fall 2014   | Clinical Psychology - SUNY University at Buffalo    |
| Spring 2014 | Abnormal Psychology - SUNY University at Buffalo    |
| Fall 2013   | Statistics - SUNY University at Buffalo             |
| Spring 2013 | Cognitive Psychology - SUNY University at Buffalo   |
| Fall 2012   | Abnormal Psychology - SUNY University at Buffalo    |

## RESEARCH EXPERIENCES

# Western New York Healthcare System

2016 – 2018 Graduate Research Assistant, Behavioral Activation Randomized Controlled Trial *Mentor:* Dr. Jennifer Funderburk

# **SUNY University at Buffalo**

| 2017 – 2019 | Data Manager, Identifying Sexual Assault Mechanisms among Diverse Women <i>Mentor:</i> Dr. Amy Hequembourg   |
|-------------|--|
| 2015 – 2016 | Graduate Study Coordinator, Friends, Alcohol Use, and Sexual Victimization Among College Students <i>Mentors:</i> Drs. Jennifer Read and Jennifer Livingston |
| 2014 – 2016 | Graduate Study Coordinator, Study on Teen Alcohol Risk<br>Mentor: Dr. Jennifer Read  |
| 2012 – 2015 | Graduate Study Coordinator, Alcohol Information Processing Following Experiential Exposure <i>Mentor:</i> Dr. Jennifer Read                                  |

# **University of Washington**

2010 – 2012 Research Study Coordinator, Emotion Engagement and Relapse to Alcohol in a Trauma Exposed Sample *Mentor:* Dr. Michele Bedard-Gilligan

| 2010 – 2012 | Research Study Coordinator, Sexual Minority Women and High-Risk Drinking <i>Mentor:</i> Dr. Debra Kaysen                          |
|-------------|---|
| 2009 – 2012 | Research Study Coordinator, Alcohol-Related Risky Sex Prevention<br>Mentor: Dr. Melissa Lewis                                     |
| 2009 – 2011 | Research Study Coordinator, Personalized Alcohol and Risky Sexual Behavior Feedback Intervention <i>Mentor:</i> Dr. Melissa Lewis |
| 2008 – 2011 | Research Study Coordinator, Daily Process Examination of Alcohol and PTSD in College Women <i>Mentor:</i> Dr. Debra Kaysen        |

## **CLINICAL EXPERIENCES**

# **Private Practice**

| 2020 –      | Clinic DBT Therapist - Green Lake Therapy Group          |
|-------------|--|
| 2018 - 2019 | DBT Skills Group Co-Therapist - Green Lake Therapy Group |

# **University of Washington**

| 2019 - 2020 | Clinic DBT Therapist - Outpatient Psychiatry Clinic   |
|-------------|---|
| Spring 2019 | Psychiatry Consult Liaison, Psychology Internship Rotation - Harborview Medical Center            |
| Winter 2019 | Individual and Group Therapist, Psychology Internship Rotation - Adult Inpatient Psychiatric Unit |
| Fall 2018   | Clinic Therapist, Psychology Internship Rotation - Outpatient Psychiatry Clinic                   |

# Western New York Healthcare System

2016 – 2018 Health Science Specialist - VA Medical Center

# **Erie County Medical Center**

2015 – 2017 Group Therapist - Adolescent Inpatient Psychiatric Unit

# **SUNY University at Buffalo**

| 2015 - 2017 | Assistant Clinical Director - Psychological Services Center |
|-------------|---|
| 2013 - 2018 | Clinic Therapist - Psychological Services Center            |

# PROFESSIONAL SERVICE

# **University of Washington**

| 2022 -                     | Grant Committee - Center for the Study of Health and Risk Behaviors                              |  |
|----------------------------|--|--|
| 2020 -                     | Website Committee - Center for the Study of Health and Risk Behaviors                            |  |
| 2019 -                     | Clinical Psychology Internship Review Committee - Psychology Internship Program                  |  |
| 2018 -                     | Diversity, Inclusivity, and Equity Committee - Center for the Study of Health and Risk Behaviors |  |
| 2018 - 2019                | Didactics Planning Committee - Department of Psychiatry and Behavioral Sciences                  |  |
| SUNY University at Buffalo |  |  |

| 2015 – 2017 | Board Member - Psychological Services Center                                |
|-------------|---|
| 2015 - 2017 | Standard Battery Committee - Psychological Services Center                  |
| 2013 - 2014 | Clinical Area Representative - Department of Psychology                     |
| 2013 - 2014 | Senator, Psychology Graduate Student Association - Department of Psychology |

# **PEER REVIEW**

Addictive Behaviors
AIDS & Behavior
Aggression and Violent Behavior
Culture, Health, and Sexuality
Current Psychology
Journal of American College Health
Journal of Interpersonal Violence
Journal of Sex Research

2018 -

LGBT Youth
Psychological Trauma: Theory, Research, Practice, & Policy
Psychology of Women Quarterly
Psychology of Sexual orientation and Gender Diversity
Psychology of Violence
Violence Against Women